

DoD

Safe Helpline

Sexual Assault Support for the DoD Community

safehelpline.org | 877-995-5247

Sexual assault support on your mobile device



- Create a self-care plan and connect with care services
- Connect online and with trained professionals
- Chat with other military survivors online



Installation SAPR Hotline

757.458.4912

Installation SAPR Team

SARC - 757.458.4908 | SAPR VA - 757.458.4910

KNOW YOUR OPTIONS

Restricted Report

- Reports made to SARC / VLC-SVC / SAPR VA / Healthcare Provider only
- The command is notified that a sexual assault has occurred, but not given details of the incident or who was involved
- **No Investigation Initiated**
- SARC, UVA or SAPR VA support
- Medical, counseling, advocacy, DRC, Chaplain, VLC-SVC and legal assistance
- **CANNOT request expedited transfer**
- **Military Protective Order (MPO) NOT available**
- **Option to change to Unrestricted Report**

Unrestricted Report

- Can be reported to SARC / VLC-SVC / SAPR VA / Healthcare Provider, NCIS, Command team, or any other person who can initiate the process
- Command notified, including details of incident and those involved
- **Investigation Initiated**
- SARC, UVA, SAPR VA support
- Medical, counseling, advocacy, chaplain, VLC-SVC and legal assistance
- **Option to request Expedited Transfer**
- **MPO Request Available**
- **CANNOT change to Restricted Report**

****If you tell anyone who subsequently notifies Command or if someone observes the assault and notifies Command, an investigation is automatically initiated.**

YOU MAY BE INELIGIBLE TO ELECT THE RESTRICTED REPORTING OPTION**